

CURRICULUM VITAE

2025

Name: Dr. José Darío Martínez Villarreal, MD

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Professional ID: 1051656
Internal Medicine ID: AE-2667
Dermatology ID: AE-7392

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Academic record:

School of Medicine: Facultad de Medicina, UANL
Monterrey, N.L.
1977-1984

Social Service: Departamento de Dermatología
Hospital Universitario, UANL
Monterrey, N.L.
1984-1985

Professional Exam: Título de Médico Cirujano y Partero
UANL, Monterrey, N.L.
23 de Noviembre de 1984

Rotating Residence: Hospital Universitario, UANL
Monterrey, N.L.
1985-1986

Medical Residence: Internal Medicine
Hospital Universitario, UANL
Hospital Muguerza
Monterrey, N.L.
1986-1989

Medical Residence: Dermatology
Hospital General de México, UNAM
Ciudad de México, D.F.
1989-1990; 1993-1994

G.E.S.T. Fellow: Dermatology and skin surgery
Cedars Medical Center/Jackson Memorial Hospital
Universidad de Miami, Miami, Florida, USA, 1994

Smartderma.com Co-Founder and Medical Director 2016

SOCIETIES

Full Member of the Mexican College of Internal Medicine, A.C

Full Member of the Northeast Internal Medicine College, A.C

Active Member of the Latin American Society of Internal Medicine.

Associate Member of the International Society of Dermatology.

Associate Member of the Ibero-Latin-American College of Dermatology.

Active Member of College of Dermatologists of Nuevo León.

Active Member of Mexican Society of Dermatological and Oncological Surgery

Active Member of Mexican Society of Dermatology.

International Fellow of the American Academy of Dermatology, since 2000
AAD International Affairs Committee, 2009-2013

International Fellow, International Society of Dermatology, since 1990
Board of Directors 2021-2025.

International Fellow of the European Academy of Dermatology and Venereology, since 2019

American Dermatological Association
Honorary Member since 2021.

Active Member of College of Medical Surgeons of the State of Nuevo León.

CERTIFICATIONS:

Certified by the Mexican Board of Internal Medicine 1989.
Recertified 2001, 2023
Certified by the Mexican Board of Dermatology 1995.
Recertified 2002, 2012, 2018, 2023

TEACHING:

Medical School:

Dermatology Professor, EMCS TecSalud, ITESM Monterrey, 2003-2019.

Postgraduate:

Dermatology Professor, Department of Dermatology, Hospital Universitario, UANL, 1995-2001, 2008-2016, 2021-2025.

Internal Medicine Professor, Hospital Universitario, UANL, 1996-2024.

POSITIONS IN NATIONAL AND INTERNATIONAL SOCIETIES:

Internal Medicine Association of NL, President 1999-2000
Mexican Internal Medicine Association, Secretary of Admission 2001-2002
Mexican Academy of Dermatology, Treasurer 2009-2011
Mexican Foundation for Dermatology, Vocal 2011-2013
Dermatology Society of Nuevo León, AC, Treasurer 2013-2014
American Academy of Dermatology, Member International Affairs Committee 2009-2013.
International Society of Dermatology, Board of Directors 2021-2025

RESEARCH:

National:

Martínez Villarreal JD. Siringomas eruptivos. Dermatología Rev Mex 1990;26(6):429-431

Martínez Villarreal JD. Tratamiento actual de las dermatofitosis. Medicina Universitaria 1999; 1(3):134-137

Martínez Villarreal JD. Valoración preoperatoria: ¿Es útil en cirugía dermatológica? DCMQ 2005; 3(1):42-46

PAC Dermatología

Martínez JD. Manifestaciones cutáneas del lupus eritematoso. PAC Dermatología-3, 2010; 3:133-143

Martínez JD. Actualidades en artritis psoriasica. Dermatol Rev Mex 2010; 54(6):332-338

Ávila A, Amaya M, Martínez JD, Moreno J. Panorama actual de las alternativas en el tratamiento de la cicatriz hipertrófica y queloide. Dermatol Rev Mex 2014;58:247-261

Larenas D, Medina Avalos M, Ortega JA, Beirana A, Rojo MI, Martínez JD, et al. Guías Mexicanas para el Diagnostico y Tratamiento de la Urticaria. Revista Alergia de México 2014;61(2):S117-S193

Frias de Leon MG, Porras Lopez C, Martinez Villarreal Jose Dario, et al. Tinea capitis. Datos epidemiológicos actuales en una región subtropical de Mesoamerica (Guatemala). Dermatol Rev Mex 2017;61 (5):371-378.

Martinez-Villarreal JD, Cuellar-Barboza A, Cardenas-de la Garza JA, Flores-Perez RO. Perlas de Medicina Interna en enfermedades ampollosas autoinmunitarias. Dermatol Rev Mex 2019;63(3):293-301.

Elizondo-Leal JA, Arredondo-Flores M, Martinez-Villarreal JD. Actualidades en artritis psoriásica 2020. Dermatol Rev Mex 2020;64(6):685-70

International:

Martínez JD, Pineda ME. Psoriasis y sus comorbilidades. Actualidades en Psoriasis 2010; 2(1):3-7

Martínez JD. Caso clínico: Psoriasis pustular generalizada con artritis aguda manejada con biológicos. Actualidades en psoriasis 2010; 2(1):9-10

Knott HM, Martínez JD. Innovative Management of Lupus Erythematosus. Dermatologic Clinics 2010; 28:489-499

Martínez JD, Francesconi F. Lobomycosis. UpToDate. 2018

Eichelmann K, Tomecki KJ, Martinez JD. Tropical Dermatology: cutaneous larva migrans, gnathostomiasis, cutaneous amebiasis and trombiculiasis. Semin Cutan Med Surg 2014;33:133-135

Ocampo Garza J, Ocampo Garza S, Martínez Villarreal JD, et al. Reacción por drogas con eosinofilia y síntomas sistémicos (síndrome DRESS). Estudio retrospectivo de 9 casos. Rev Med Chile 2015;143:577-583

Vaisevich M, Martinez JD, Tomecki K. Got the Travel Bug? A review of common infections, infestations, bites and stings among returning travelers. American Journal of Clinical Dermatology 2016, DOI 10.1007/s40257-016-0203-7

Martínez JD, Cárdenas JA. Treatment of Leprosy and Leprosy Reactions. Current Treatment Options Infectious Diseases 2017. DOI 10.1007/s40506-017-0127-7

Martínez JD, Cárdenas JA, Cuéllar A. Going Viral 2019: Zika, Chikungunya, and Dengue. Dermatol Clinics 2019;37:95-105.

Martinez JD, Soria-Orozco M, Cardenas-de la Garza JA. Oral Ivermectin for the treatment of red scrotum syndrome. J Dermatol Treatment 2020. DOI: 10.1080/09546634.2020.1773378

Martínez, J.D.; Franco, R.; Sáenz, L.M.; Alvarado, A.G.; García, J.A.; Delgado, S.M.; Ionescu, M.-A.; Busilă, C.; Tatu, A.L. DRESS and Stevens–Johnson Syndrome Overlap Secondary to Allopurinol in a 50-Year-Old Man—A Diagnostic and Treatment Challenge: Case Report. Life 2023, 13, 2251. <https://doi.org/10.3390/life13122251>

Martinez, J.D.; Cardenas, J.A.; Soria, M.; Saenz, L.M.; Estrada, K.; Delgado, S.M.; Ionescu, M.-A.; Busila, C.; Tatu, A.L. Role of Silver Nitrate Spray for Skin Wound Care in Patients with Toxic Epidermal Necrolysis: Our Experience in 4 Patients. Life 2023, 13, 2341. <https://doi.org/10.3390/life13122341>.

Martinez Villarreal JD, Cardenas de la Garza JA, Ionescu MA, et al. Stevens Johnson Syndrome and Toxic Epidermal Necrolysis: A Review of Current Management and Innovative Therapies. Int J Dermatol 2025 Apr 15 doi:10.1111/ijd.17768.

Books:

Dermatología Practica Ibero-Latinoamericana, 2ª edición, 2012
Capítulo 172: Vacunas en Dermatología

CILAD Dermatología: Guías de actualización clínica, 2014.
Capítulo 31: Dermatología del Viajero

Moschella & Hurley Dermatology 4th Edition, 2020.
Section 11 Director: Connective Tissue Diseases
Author Chapter 33: Lupus Erythematosus
Author Chapter 36: Other Rheumatologic Disorders with Cutaneous Manifestations.

Amado Saúl. Lecciones de Dermatología, 2023
Autor capítulo: Dermatología y Medicina Interna

Hospitals in Monterrey, Mexico:

Hospital Christus Muguerza Alta Especialidad.

Hospital San José, TEC de Monterrey Hospital

Zambrano Hellion, TEC de Monterrey Hospital

Clínica Oca Hospital

Doctors Hospital